



LABORATORY OF ART THERAPY AND THEATER

bizarre animals



BY CLAUDIA CANTONE



PRESENTATION



"Bizarre Animals" is an expressive workshops of Art therapy for children from 6 to 11 years. This laboratory offers a multiform path that accompanies the participants, through different expressive ways, in the development of their self-esteem, as well as that of listening, of creating and of collaborating with others.

Using plastic materials (colours, paper sheets, etc.), every child can create a character (animals), to which give an identity (name, age, context, role and emotions) and with which "play", making it also dialoguing with the characters made by the other children.

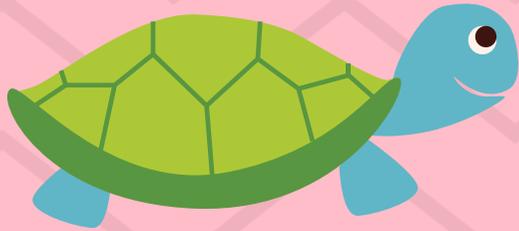
In the first three meetings of each workshop, children will create their own animals and they will also create a sort of costume. The following two meetings are intended to stage of a brief presentation of the animals created.

In this way, each participant will stage their "internal parts" through the created character, playing multiple roles, finding new and effective relational and expressive strategies.

What the child produces is the reflection of what he/she feels within himself/herself, and the act of giving life to this interiority, that is the real goal of these workshops.

The lab of Art Therapy ends with the presentation of the drawings of the animals or aliens created by the participant and with the recomposition of the group.





METHOD

- Playful presentation of the conductors and children.
- Games aimed to create group synergy.
- Laboratory of Art Therapy to create your own animal.
- Simple construction of the costume of one's animal.
- Group composition of histories or songs on one's own animals.
- Staging of the presentation of your pet.

DETAILS:

Laboratory of 6 meetings of 3 hours each. Total 18 hours.

Maximum number of participants: 12

N.B.: Wear comfortable clothes and anti-slip socks. Bring a towel.

SPARE CLOTHES. CLOTHES CAN BE DIRTY WITH NATURAL COLOURS.

Technical Needs:

A clean, well-lit room with smooth floor surface, ideally wooden or tiled. 12m x 10m is the minimal room size required.

A sound system, appropriate to the dimensions of the space, to which it is possible to connect computer or tablet.

One mirror of minimum dimensions: 40x60.

A Table and 13 chairs.

Art Therapy



Art therapy is a discipline that makes use of a set of methods (painting, sculpture, music, theatre, dance, etc.) that tap into the non-verbal, corporeal and creative heritage, which are always present in each of us.

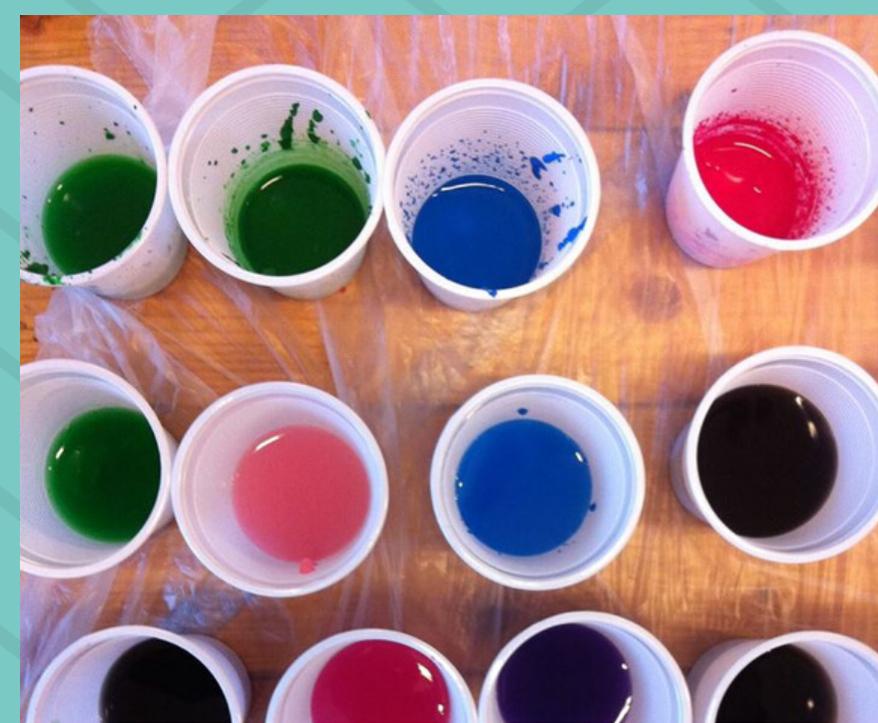
Neither technical nor artistic preparation is required to Art Therapy. The materials, the creative process and the image produced act as a vehicle and as a container for experiences and affections, thus allowing a greater sense of emotional control.

Creative expression is connected to the inner feeling of the human being.

Through the creative act the person involved, meets his/her own internal reality to know, accepting and transforming it.

The creative products made by the participants during the workshops, are the main tool for the relationships with themselves and with the others.

For this reason, the works created are not evaluated aesthetically; what counts is the act of creating itself; that is the projection of inner resources in the external world. The creation of a cosy, restrained and judgment-free environment makes it possible to share the creative experience among the participants





Bizarre Animals
to create
a fantastic world!

Biography - Claudia Cantone

Claudia Cantone, clown, actress and art therapist.

I served for 17 years as an officer in the national police force.

I enrolled at the "La Scaletta" three-year theater school (University of Rome), earning my diploma in 1998.

I focused on the art of clown participating and completing several master class programs.

In Barcelona in 2009 I founded the female clown group "Las Enclownadas" and in 2010, in Rome, the company "Clowntime". Over the past 8 years I created, produced and toured 3 solo shows: "Zerozero Clown"; "The Adventure of Yaya Clown", a street show; "The Secret Annexe", a clown show based on Anna Frank story and "Yaya in the Moon".

I collaborated with the Social Promotion Association "Chorus Couple, Coral, Cosmo Art" directed by Dr. Silvana Pera, Director of the "Department of Study and Research on the couple of Sophia University of Rome".

I worked as a theater coach-trainer in the theatre at Rebibbia jail in Rome and have been, during the past 8 years, assistant director at "Nouveau Clown Institute" (N.C.I. Barcelona).

In addition I am a permanent member of the N.C.I. faculty where I present many classes such as "Clown Chi", "White Nose" and "Buffoons-Sacred & Profane". I am enrolled in the Register of Arts Therapists.





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