

art therapy workshop

Bizarre Animals



by Claudia Cantone

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"Bizarre Animals" and "Play is an expressive workshops of Art therapy for children from 6 to 11 years.

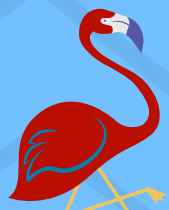
This laboratory offers a multiform path that accompanies the participants, through different expressive ways, in the development of their self-esteem, as well as that of listening, of creating and of collaborating with others.

Using plastic materials (colours, paper sheets, etc.), every child can create a character (animal), to which give an identity (name, age, context, role and emotions) and with which "play", making it also dialoguing with the characters made by the other children. They will also create a sort of costume. The following meetings are intended to stage of a brief presentation of the animals created.

In this way, each participant will stage their "internal parts" through the created character, playing multiple roles, finding new and effective relational and expressive strategies.

What the child produces is the reflection of what he/she feels within himself/herself, and the act of giving life to this interiority, that is the real goal of these workshops.

After the Art Therapy workshop, it is possible to plan a second phase; this foresees the use of the material created in the phase dedicated to Art Therapy (characters, stories, songs) for staging or for a simple more elaborated presentation, from the theatrical point of view.



CLAUDIA CANTONE

Art therapist and clown.

She trained as a clown attending masterclass with Jango Edwards, Leo Bassi, Virginia Imaz and others clowns. She teaches Clown and Art Therapy courses at theater schools and Clown Therapy associations in Italy and abroad. She collaborates with Jango Edwards in the organization of the Nouveau Clown Institute.

